

High School Mission

The AHS School Counseling Department fosters overall wellness, academic and career success and life skill development. We collaborate in empowering students to reach their fullest potential. We support the social-emotional well-being of students through building healthy and diverse relationships and setting personalized goals. We promote the development of self advocacy skills including the ability to access supports, counseling, academic help and self-awareness around areas of strength and weakness. The department focuses on developing life-long learners, resiliency and intellectual curiosity as the whole student prepares for an ever changing global community.

WHOLE Student, ALL Students

Middle School Mission

Counselors provide a nurturing environment that supports the growth of students into socially responsible, independent, and collaborative community participants. Counselors prepare lifelong learners for the world by helping to promote intellectual curiosity, and develop cultural proficiency and healthy relationships. Counselors work with students, parents, faculty, and the community to advance social emotional skills, develop resilience, and foster the mental and physical well-being of the whole student.

Supporting Well-Being, Growth and Resilience