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730 MASSACHUSETTS AVENUE
TELEPHONE
781-316-3020
781-316-3029 FAX

TOWN OF ARLINGTON
MASSACHUSETTS 02476-4908

PROCLAMATION

WHEREAS: Chiropractors are physician-level healthcare providers who focus on the whole person as part of their hands-on, non-drug approach to pain management and health promotion, and who have special expertise in the prevention, care and rehabilitation of musculoskeletal conditions and injuries; and

WHEREAS: More than one in two adults in the United States, or about 124 million people each year, report experiencing a musculoskeletal condition; and

WHEREAS: Fifty-two percent of people living with musculoskeletal disorders say that it interferes with their activities of daily living, including their ability to work. Low back pain alone contributes to 264 million lost work days each year; and

WHEREAS: The direct and indirect costs of musculoskeletal conditions, which is estimated to be \$200 billion annually in the U.S., puts a tremendous burden on society; and

WHEREAS: Low back pain is one of the most common musculoskeletal conditions for which opioids are prescribed, putting patients at increased risk of overuse and addiction; and

WHEREAS: Chiropractic care is widely recognized as one of the safest non-drug, noninvasive therapies available for the treatment of low back pain and other musculoskeletal complaints; and

WHEREAS: The American College of Physicians low-back pain treatment guidelines released in 2017 promote the use of noninvasive, non-drug approaches such as spinal manipulation as a first line of defense against back pain, and groups such as CDC, FDA and the Joint Commission also now promote the use of nonpharmacological approaches first for pain management; and

WHEREAS: Noninvasive, non-drug treatments for musculoskeletal (MSK) conditions such as spinal manipulation and other chiropractic services combined with an active lifestyle, good nutrition, healthy habits, and proper ergonomics can protect and enhance MSK health over a lifetime; and

NOW, THEREFORE, BE IT RESOLVED, that the Town of Arlington, MA officially joins with the American Chiropractic Association to encourage the public as part of the “Strength. Stability. Success.” campaign to take steps toward better musculoskeletal health and to proclaim October 2019 National Chiropractic Health Month.

_____ **SELECT BOARD**

_____ **OF**
THE
TOWN OF
ARLINGTON

A true record.
ATTEST:

By: _____
Board Administrator