



Town of Arlington  
Office of the Town Manager

Adam W. Chapdelaine  
Town Manager

730 Massachusetts Avenue  
Arlington MA 02476-4908  
Phone (781) 316-3010  
Fax (781) 316-3019  
E-mail: [achapdelaine@town.arlington.ma.us](mailto:achapdelaine@town.arlington.ma.us)

MEMORANDUM

DATE: December 13, 2021

TO: Board Members

SUBJECT: Appointment to the Disability Commission

This memo is to request the Board's approval of my appointment of Ileana Gatica, Arlington, MA, to the Disability Commission, with a term expiration date of 06/30/2024.

  
\_\_\_\_\_  
Town Manager

Ileana Gatica Herrera  
amandanicte@gmail.com

30 Mill St Apt 110, Arlington MA 02476

**Objective:**

I am passionate about systemic change, I am committed to work towards improving health outcomes for individuals with special health care needs and other complex disabilities and their families, especially those from minority communities. I hope to be able to work alongside families, help engage them and serve as a bridge to bring the support and resources needed for them, help them organize and join other voices to identify what they need and want to help improve the services they receive. Through my experience as a physician, a former LEND fellow and a parent of a child with complex health care needs and other disabilities I hope to open new opportunities for the development and/or implementation of policies that will affect positive change. Through my knowledge and expertise earned through obtaining a MPA degree I hope to be able to develop strategic plans and make connections with other agencies and the community, as well as maintaining high quality standards in the creation of financial and managerial planning. .

**Professional Experience:**

**Boston Medical Center, Project Solve, PCORI Research Study** Boston MA, April 2018-September 2019

***Project Coordinator***

Overseen depression screening operations for mothers of 0-18 month old babies in the Pediatric clinic.

Meeting with women who screen positive for depression and presenting behavioral health care options, both clinical and research opportunities.

Helping facilitate referrals and work closely with patients to help them overcome obstacles to care access.

Developing a resource list to support women be connected with community options and review with them 24/7 emergency services available as needed.

Maintaining a collaborative relationship with other providers in the clinic and helping coordinate with them to promote positive prevention, harm reduction.

Providing support to mothers in a culturally, linguistically and educationally appropriate and competent way.

**Boston University, SLONE Epidemiology Center SAFE-PREP Pilot Research Study** Boston MA, January 2019-September 2019

***Consultant Per Diem***

Conducted In-depth interviews to Spanish speaker mothers who had babies in NICU.

Supporting the conduction of Focus Group for Spanish speaker mothers.

**Boston Medical Center, Project Solve, Research Study** \*Preventing Depression in Mothers\*  
Boston MA, March 2014- August 2015

***Research Assistant II/part time***

- . Following up in recruitment of subjects
- . Conducting screening of Major Depression Symptoms
- . Conducting Baseline interviews to subjects
- . Follow emergency protocol as needed
- . Entering all data collected in a database computer program

**Cambridge Health Alliance, Center for Multicultural Research**, Cambridge, MA August 2013-April 2014

***Research Interviewer/per-diem***

Recruit the subjects for the research study

Conduct face to face interviews in spanish to Latin American subjects seen in two different health care clinics for International Latino Research Partnership (ILRP)

Enter all the data collected in a tablet which is used in the interview

Follow emergency protocol in high risk cases as needed

**Slone Epidemiology Center at Boston University**, Boston, MA May 2010- 2014

***Interviewer/Interpreter/per-diem***

Conduct telephone interviews in Spanish to subjects for Pregnancy Health Study

Enter all data collected in interview and review it for quality control

Conduct research on health factors in pregnancy that might be related to birth defects.

Translate documents as needed

**The Guidance Center**, Cambridge, MA August 2009-May 2013

***Family Partner***

Assist families in navigating various systems including mental health, medical, educational, and justice systems

Provide psychoeducation to parents regarding the child's disability

Provide skills training and support to improve management of child's disability

Provide educational advocacy in Individual Education Program meetings within the public school system

**Clinical Experience:**

**Santa Rosa Health Center**, Chiquimulilla, Santa Rosa, Guatemala January 2007-October 2007

***Medical Doctor***

Managed a team of nurses that established the improvement in the care of pregnant patients

Delivered and oversaw the care of the newborns

Assisted in the management of all the patients into the health care center

Provided medical treatment to patients who were admitted to the emergency room



**Elena Health Center**, San Cristobal, Coban, Guatemala April 2006-December 2006

***Family Physician***

Managed a project which focused on increasing preventive medicine in underserved populations

Provided medical treatment to patients attended by outpatient services.

Initiated the training of a group of Midwives to improve the health care of Pregnant Women and to reduce the incidence of Neonatal Death of that community.

Delivered and oversaw of newborns in the community.

**Education:**

Latin America University of Medicine, Cuba, May 2005

Doctor in Medicine

LEND Fellowship Program Alumni class 2015-2016

MPA Suffolk University 2015-2017

**Licenses:**

Doctor in Medicine, La Habana Cuba Register number 2891.

License in Medicine, Médica y Cirujana, Universidad de San Carlos de Guatemala Register number 13573.

Licenciada en Medicina, Licenciada en Medicina, Ministerio de Educación, Política Social y Deporte de España (Spain Ministry of Education, Socio-Politics and Sports) Register number 2008/H09351.

**Certifications & Continuing Education Coursework:**

Barbara Popper Family Health Leadership Training (pilot project) Family Health Advocacy 2019

Professional Crisis Management (PCM), September 2008

Coursework in Family Medicine, September 2005-07

CITI Program BUMC HIPPA and Research Data Security Basic Course

**Language & Other Skills:** Native Spanish speaker, fluent in English, knowledge in basic Braille, AAC knowledgeable, Microsoft Office, Outlook, Excel, EPIC.

**Committees and Volunteer Work:**

DPH Health and Disability Partnership

DPH Health and Disability Diversity Committee

Shriver Consumer Advisory Committee Center for Developmental Disabilities Evaluation and Research (CDDER) E.K. Shriver Center/ University of Massachusetts Medical School

Diversity and Inclusion Group Arlington Public School

OFFICE OF THE SELECT BOARD

STEPHEN W. DECOURCEY, CHAIR  
DIANE M. MAHON, VICE CHAIR  
JOHN V. HURD  
LENARD T. DIGGINS  
ERIC D. HELMUTH



730 MASSACHUSETTS AVENUE  
TELEPHONE  
781-316-3020  
781-316-3029 FAX

TOWN OF ARLINGTON  
MASSACHUSETTS 02476-4908

December 13, 2021

Ileana Gatica  
30 Mill Street #110  
Arlington, MA 02476  
[amandanicte@gmail.com](mailto:amandanicte@gmail.com)

Re: Appointment: Disability Commission

Dear Ms. Gatica:

As a matter of the standard appointment procedure, the Select Board requests that you attend a virtual meeting of the Select Board conducted by remote participation, on Monday, December 20, 2021 at 7:15 p.m.

It is a requirement of the Select Board that you join this virtual meeting. This will give the Board an opportunity to meet and discuss matters with you about the area of activity in which you will be involved.

Information which includes the link to the meeting will be available at the bottom of the Select Board Agenda as well as on the Town Calendar when the meeting is posted Thursday, December 16th by 7:00 p.m.

Please contact this office by e-mail, [lcosta@town.arlington.ma.us](mailto:lcosta@town.arlington.ma.us), if you have any questions.

Thank you.

Very truly yours,  
SELECT BOARD

A handwritten signature in cursive script, reading "Marie A. Krepelka".

Marie A. Krepelka  
Board Administrator