



Department of Social Emotional Learning & School Counseling

Arlington Public Schools

School Committee | February 9th, 2023

Presented by Magali Olander, Interim
District Director of SEL and School
Counseling

Overview



Arlington Public Schools
Education That Empowers

Meet the New Director (that's me :)

Current MTSS Framework for SEL and Mental Health

Mental Health Programming

Social Emotional Learning

Counseling Teams

Magali Olander, MEd, MSW, LICSW



Arlington Public Schools
Education That Empowers

Clinical Social Worker Since 2000

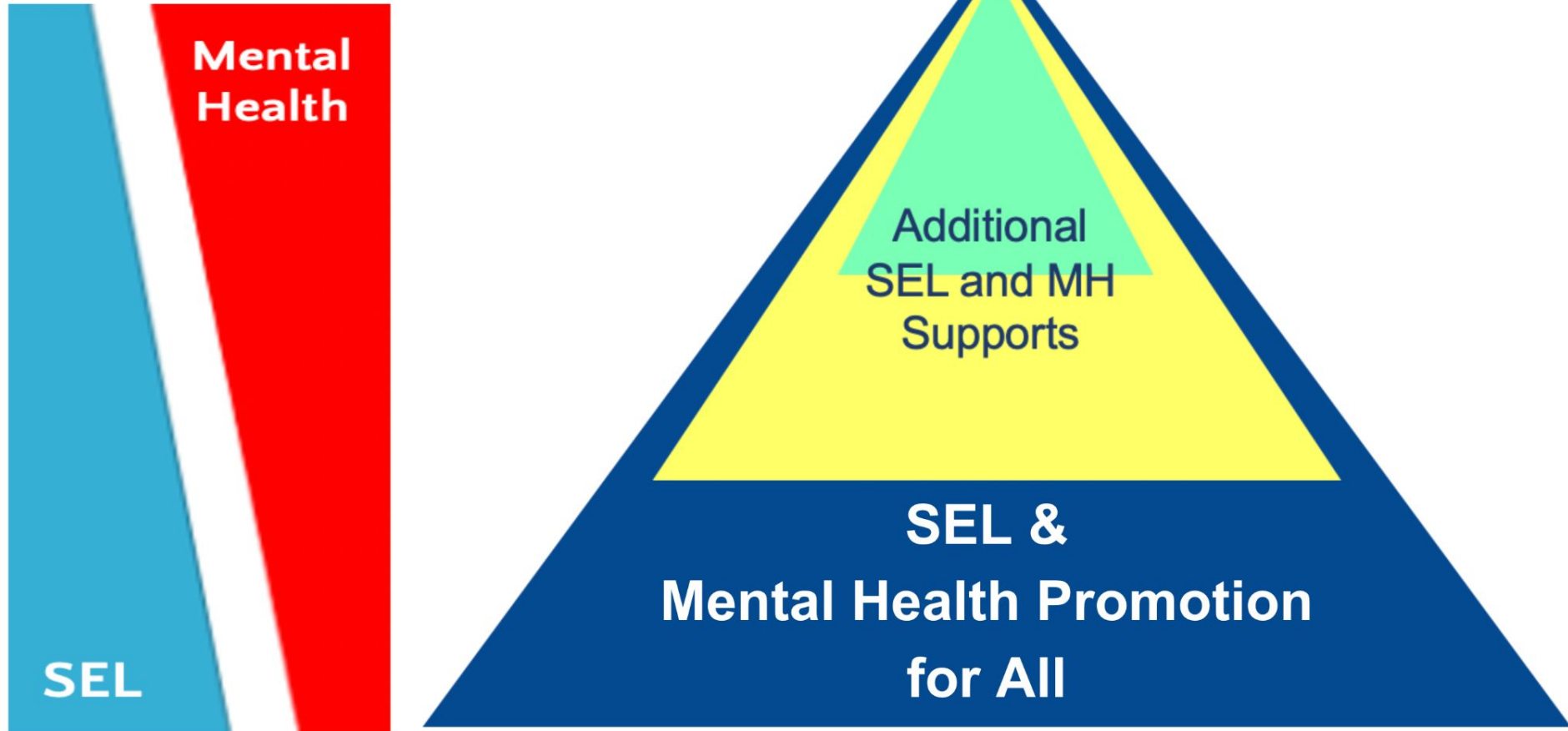
School Social Worker Since 2009 (spent most of my professional life in Arlington!)

Former Building Administrator (Chelsea High School, Chelsea, MA)

Arlington Resident and Parent

My Why

SEL & Mental Health in an MTSS Context



Social Emotional Learning



Arlington Public Schools
Education That Empowers



To realize our vision to be an
*equitable educational community
where all learners feel a sense of
belonging, experience growth and
joy, and are empowered to shape
their own futures and contribute to a
better world*

**these competencies are the
foundation!**

How?



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“Transformative SEL” is a process whereby young people and adults build strong, respectful, and lasting, relationships that facilitate co-learning to critically examine root causes of inequity, and to develop collaborative solutions that lead to personal, community, and societal well-being. - CASEL



SOCIAL, EMOTIONAL,
& BEHAVIOR ACADEMY

Competencies	Focal Construct
Self-Awareness	Identity
Self-Management	Agency
Social Awareness	Belonging
Relationship Skills	Collaborative Problem-Solving
Responsible Decision-Making	Curiosity

Source: <https://casel.org/fundamentals-of-sel/how-does-sel-support-educational-equity-and-excellence/transformative-sel/>

Social Emotional Learning



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SEL Coaches Across the District

Second Step Implementation @ Elementary

SEL Days @ Gibbs

SEL Audit @ Ottoson

SEL & Collaborative Problem Solving Mapping @ AHS

SEL Data

Mental Health Programming



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District Social Work Team Supporting Across the District

Universal Mental Health Screening

Tiered Interventions of Support

Adjustments & Improvements

Counseling Team Updates



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Elementary Social Work Teams

Student Services Shift, Grades 6-8

Additional Student Supports at AHS

Questions?



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Thank you!