

AEF Funds APS: Safe and Supportive Schools

December 14, 2017 School Committee Update

Thank you, AEF!

**Arlington Education Foundation
commits to a multi-year program
addressing the creation of safe and
supportive schools PK-12.**

Year 1: Over \$100,000

- YMHFA Training for 300 staff
- Funding for building SASS action plans

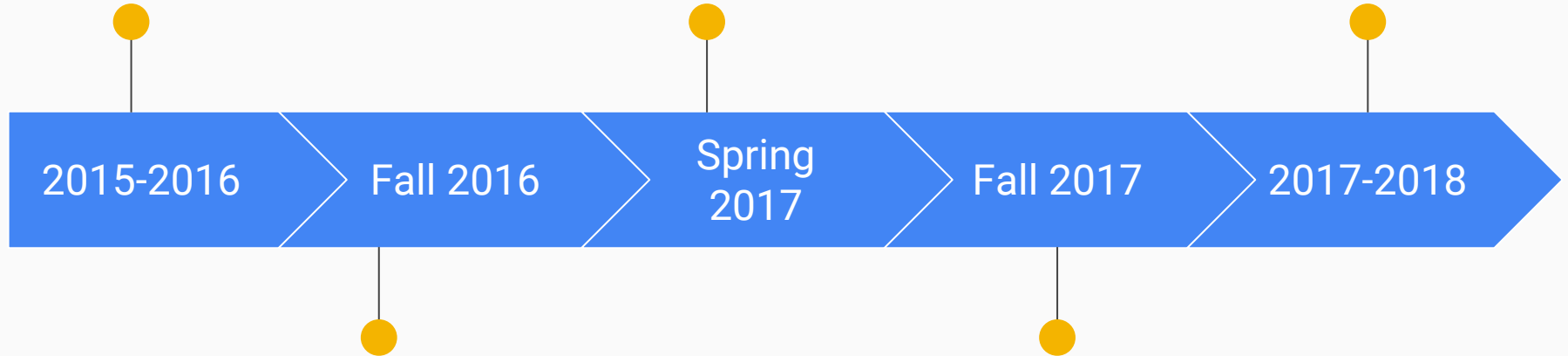
Future Years: Expand trainings to
community

Timeline of SASS Work

District receives AEF grant and conducts district-wide SASS self-assessment

Schools create SASS Action Plans for upcoming school year

Schools execute SIP/Action Plans in coordination with District Goals



Schools receive state grant to fund school-based SASS self-assessment

Schools align SASS Action Plans with School Improvement Plans

District Action Plan Goal (2016)

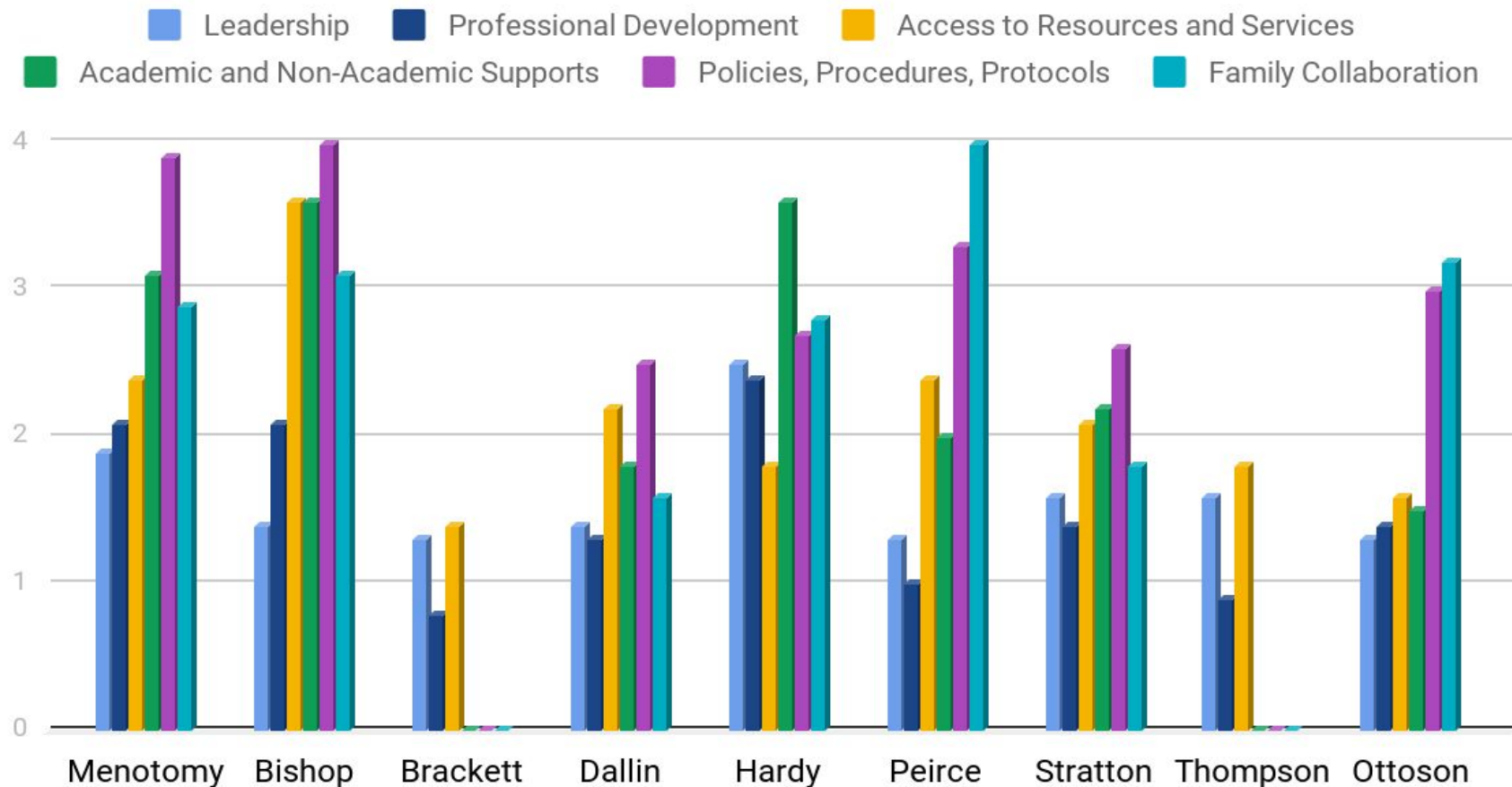
Develop and implement a district level leadership team that provides vision and support for the integrated implementation of Safe and Supportive Schools best practices across the district and within each school.

Supporting SASS Teams

Funding provided to building leadership to carry out action plans.

- Stipends, materials, consultants, trainings, etc.
- Proposals aligned with and approved by Grants Manager, Asst. Supt. and Dir. of SEL/Guidance.

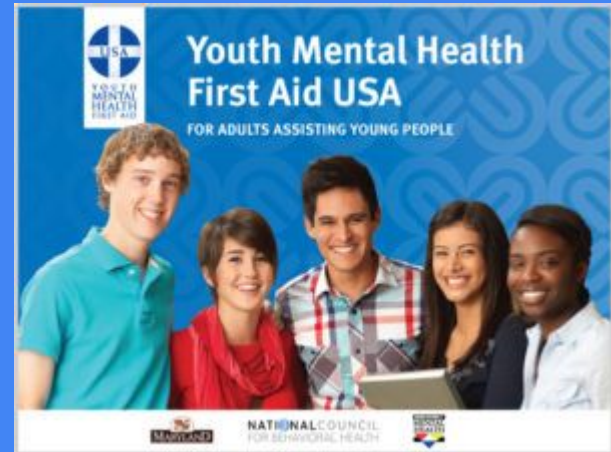
Self-Assessment Results



Youth Mental Health First Aid

YMHFA

<http://people.com/human-interest/nfl-star-brandon-marshall-on-his-borderline-personality-disorder-diagnosis-and-removing-the-stigma-of-mental-illness/>



Youth Mental Health First Aid is...

...designed to **teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens** how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course **introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.** Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

Michelle Obama, Lady Gaga, Brandon Marshall...you!

APS plans to train 300 staff in the first 12 months.

“The country’s 1 million First Aiders include everyone from police officers, teachers and employers to former First Lady Michelle Obama, former Congressman Patrick Kennedy, NFL wide receiver Brandon Marshall and television personality Dr. Oz.”

Mental Health First Aid is...

- A health literacy program
- About people helping people, one-on-one
- For individuals who do not have any background as a mental health professional
- Prevention, Early Identification and Early Intervention-- precursor to treatment

Mental Health First Aid is *not*...

- A disaster response program
- A peer support group
- Counseling, therapy or other professional help
- Treatment

- Train Administrators
- Train Instructors
- Train Everyone!

Questions?